THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
NORTH AMERICA WEST SINGLE ADULT CONFERENCE

THE ABUNDANT LIFE

AUGUST 6-8

For South San Diego Young Single Adults

Friday Aug. 6	
7 to 7:45pm	Opening Devotional by Elder David Bednar
8 to 11pm	Dance with DJ Slade & Waffle bar
Saturday Aug. 7	
8:30am	Registration
9:00am	Keynote Speaker: Brad Wilcox
10:00am	Workshop One Options Family History Open House Mental Resilience Public Speaking Streaming, "From Grazing to Feasting: How to Fall in Love with the Scriptures and Find Christ on Every Page (even in Leviticus!)" Meal Planning Advanced Budgeting Choir
11:30am	Workshop Two Options Family History Open House Mental Resilience Public Speaking Streaming, "Learning From Doubt" Meal Planning Advanced Budgeting Choir
12:30pm	Lunch: Board & Brew

1:30pm	Workshop Three Options Family History Open House Fitness Activity Temple Attendance Streaming "Race and The Church of Jesus Christ: Healing and Making a Difference" Career Exploration Advanced Budgeting
3:00pm	Workshop Four Options Family History Open House Fitness Activity Temple Attendance Streaming " The Joy of Becoming: Transformational Life Lessons Taught by a Hummingbird, a Trumpet, a Surfboard, a Death, the Scriptures, and Others" Career Exploration Advanced Budgeting
4:00pm	Snack Break
4:30pm	Keynote Speaker: Susan Easton Black
5:30pm	Dinner
7:30pm	Field Games and Spikeball Tournament
Sunday Aug. 8	
1:00pm	Sacrament Meeting
2:00pm	Closing Devotional
3:00pm	Linger longer