

GUIDELINE FOR SHOOTING YOUR VIDEO STORY

Video can be shot on smart phones or video camera.

1080P if possible.

You can shoot the video yourself. (Selfie stick. Hand held. Tripod)

You can have a friend shoot the video for you

A combination of both.

These are “guidelines only”. Be creative. Express yourself and who you are.

Your video should include :

1. An ID Slate with your name, address, email and telephone at the beginning of each new segment of your video story. Print it large on 8.5x11 and fill the video frame so it is easily readable.

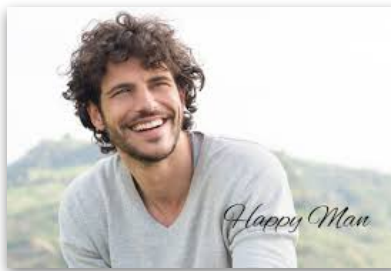
MARY SMITH
1000 ABUNDANT ROAD
HAPPY PLACE, OREGON
88888

marysmith@gmail.com
(444) 484 4888

2. You talking to us on camera: (Selfie or shot by a friend.)

A. Introduce yourself

- Name • Where you are from? •How long you have been a member ?
- Describe your status • What is your regular occupation?
- Any other information you wish to share to help us know you better.



B. Describe how your favorite activities, interests and those “special things” beyond your normal occupation and responsibilities bring you a measure of joy, fulfillment and a sense of belonging: *Service. Talent development, Self Improvement, travel, adventure—whatever it may be.* Short sentences are best. Pictures that SHOW us are even better. Makes it easier to edit.

C. Optional: How has the church helps you live an abundant life?

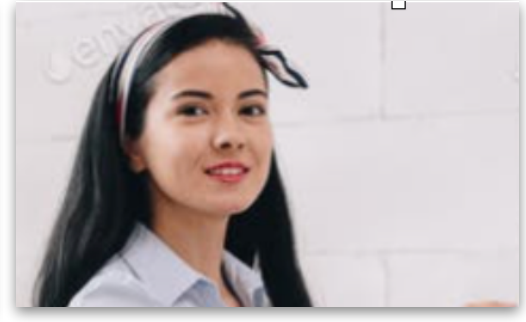
D. Optional: Your testimony.

3. Video of you engaged in your favorite “things.”

Shot by someone else if possible

Shot by you on a tripod or a Selfie Stick.

For each segment include: A Wide Shot. A Medium Shot. A Close Up.



Add an Extreme Close Up of the most interesting and defining elements.



4. Other people involved. People being served. Teacher. Coach. It is OK to set up and stage a given action or activity for easy of filming if that is easier than filming while it is actually happening, *[Have fun being an actor in the mini-movie of your own story]*.

5. Optional: Video of you engaged in your everyday occupation.

6. Optional: Short on-camera comments from people influenced or impacted by your “special things.”

A few tips for improved quality of the video.

On camera video:

Sample framing above.

Choose a setting that helps define who you are.

Shoot indoors or outside. Flat light is best.

If outdoors be aware of ambient noise, traffic, etc.

Do three takes of your on camera comments.

Experiment with the sound to get the best sound possible

Optional: An auxiliary microphone makes the best sound/

SMILE.

Don't worry about getting it perfect .

If you fluff a word you can say, "pickup," take a deep breath, back up a little and keep going.

Look into the lens of the camera if possible.

Avoid bright backgrounds like windows behind you.

Other video:

Wide. Medium. Close up. Extra Close Up. (samples above)

Hold Smart Phone cameras horizontal, not vertical.

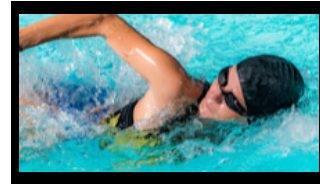
Keep camera movement to a minimum when hand held

Moving camera when on a vehicle or drone is fine.

Avoid excessively long takes.

Optional: Write your comments and use a teleprompter App.

(PromptSmart and BIGVU are 2 free options.)



YES



NO

WHEN YOU'RE FINISHED.

DEADLINE: We must have your video no later than APRIL 25, 2021.

Send ALL of the video taken for your story.

Professional editors will assemble the best of it into a 30-90 minute mini-story.

Make sure you have included ID slates with each of the segments.

Talent Release: By sending us your video you grant us permission to use it for the purposes outlined.

Instructions for sending your video follow:

To upload the video please go to this link:

<https://www.dropbox.com/request/rhtyvo8UGvydVTMJrRcd>

File name should be "YourName_Stake_Email" with no spaces.

Video Size must be less than 50G